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**LĀNA’I BY FOUR SEASONS**

**Day & Time Activity Per Person Meeting Location Destination**

Anytime Pohakuloa Walking & Bike Trail complimentary Island Adventure Center Pohakuloa Gulch

Upon Availability Lāna’i Mountain Biking Private Tour (2hr) $89 Island Adventure Center Kahui Trail

Upon Availability Lāna’i Mountain Bike Rentals $30 (4hr) / $50 (8hr) Island Adventure Center Varies

6:00am Sunrise Yoga on the Beach complimentary Movement Studio Hulopo’e Bay

7:30am Intensive Hatha complimentary Movement Studio Movement Studio

8:00am - 5:00pm Lāna’i Hiking Private Tour (2.5hr) $65 Island Adventure Center Koloiki OR Kapiha’ā

8:30am Two-Tank Scuba Dive – Certified (2hr) $249 Island Adventure Center Lāna’i Coast

9:00am - 2:00pm Archery & Clay Shooting Starts at $125 Island Adventure Center Lāna’i Archery & Shooting Range

9:00am Lāna’i Off Roading by Polaris RZR (2hr) $350 (2) / $225 (1) Island Adventure Center Pālāwai Mountains

9:00am Touring Lāna’i by Polaris Ranger (2hr) $350 (4) Island Adventure Center Pālāwai Mountains

9:00am Lāna’i by Horseback (1.5hr) $175 Island Adventure Center Kaka’alani Flats Kō’ele

9:00am Mat Pilates complimentary Movement Studio Movement Studio

10:00am Tennis Drill and Play Clinic $35 Island Adventure Center Tennis Courts at Kō’ele

11:00am Talk Story! Resort Aviarist – Uncle Bruno complimentary Lagoon Pool Lagoon Pool

11:00am Ho’okipa – Aunty Irene and Uncle Bully complimentary Lower Lobby Lower Lobby

12:30pm Lāna’i Off Roading by Polaris RZR (2hr) $350 (2) / $225 (1) Island Adventure Center Pālāwai Mountains

12:30pm Touring Lāna’i by Polaris Ranger (2hr) $350 (4) Island Adventure Center Pālāwai Mountains

12:30pm Lāna’i by Horseback (1.5hr) $175 Island Adventure Center Kaka’alani Flats Kō’ele

12:45pm Full Body Stretch complimentary Movement Studio Movement Studio

1:15pm Afternoon Meditation complimentary Movement Studio Movement Studio

1:30pm Lāna’i Coastal Adventure (2hr) $99 Island Adventure Center Lāna’i Coast

3:00pm Sunset 9 $195 Front Drive Mānele Golf Course

5:00pm Sunset Sail Experience $99 Island Adventure Center Lāna’i Coast

5:00pm Mixology and Tasting Class complimentary The Sports Bar The Sports Bar

6:30pm Pū Blowing & Torch Lighting complimentary Lagoon Pool Deck Lagoon Pool Deck

Anytime Pohakuloa Walking & Bike Trail complimentary Island Adventure Center Pohakuloa Gulch

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\*\* Please check with the Island Adventure Center for shuttle times to all off property activities \*\*

\*\* For all Fitness / Yoga classes, please meet at the Movement Studio 10 minutes prior to class time \*\*

***Exclusive*** *4x4 Jeep Wranglers & Luxury Vehicles Starts at $225 Island Adventure Center Off Road or Paved*

*Lāna’i Field Seminar (Van Excursions) Starts from $100 Island Adventure Center Off Road or Paved*

*Flight Academy – Flight Lessons Starts from $1,791 Island Adventure Center Lāna’i Airport*

*Kalulu Small Group Excursions Starts from $1,500 Island Adventure Center Varies*

*Scuba Intro & Certified Dives Starts from $2,700 Island Adventure Center Mānele Harbor*

*Golf Lessons Starts from $130 Front Drive Mānele Golf Course*